

About ILHAM

It is almost one year now since ILHAM (Inspiration for Lamu – Helping and Mentoring), a community based organisation, was established. This inspiration is by the Lamu women, with the Lamu women and for the Lamu women and children. It is an inspiration for those who have and are more fortunate to share in any way with those who do not have and are less fortunate.

Mission

The mission of ILHAM is to work with others to inspire and assist in the advancement of the economy of women in Lamu District by improving education and health of women and children in the area.

The specific objectives are:

- To advocate for and to assist girls in the advancement of quality education
- To provide assistance and engage in services for the advancement of better healthcare for women and children.
- To help build the capacity of women in economic and social development to improve their livelihoods

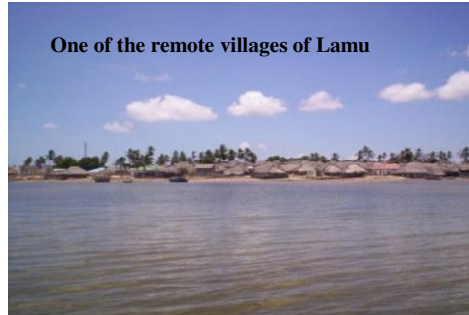
ILHAM hopes to achieve its objectives by raising, mobilising and disbursing funds and other resources and do all things as are incidental or conducive to the attainment of its objectives.

Management

Currently ILHAM has members spread in many towns and some from abroad. The Executive Committee is responsible for the management of the organisation to ensure that projects and activities meet the stated mission and objectives. Members also play a significant role towards achieving the objectives.

For more information, ideas, assistance or support, please contact us:

P.O. Box 34145, Nairobi-00100, Kenya
Tel: 020-601481 / 0722-832872 / 0733-568304



One of the remote villages of Lamu

Planned Activities

- ❖ Assisting needy girls who do well in primary school examination but cannot afford to pay secondary school fees.
- ❖ Assisting needy students in primary schools with basic requirements, i.e. stationary, uniforms, books, etc
- ❖ Establishing a vocational learning institute to cater for students who fish secondary schools but do not qualify or cannot afford to go to universities. The institution will also provide short-term courses and lectures to mothers and other community members.
- ❖ Installing manual water pumps to obtain water from wells so as to enable the communities to have access to clean and safe water and to free up women's and girls' time for other useful activities.
- ❖ Assisting and equipping women to identify and undertake income generating activities
- ❖ Assisting women and children to easily access good healthcare services
- ❖ Providing basic training and awareness on Malaria, HIV/AIDS, nutrition, etc to women and girls.
- ❖ Establishing, equipping a field office and improving the website

Achievements to date

- ❖ Established a fund to assist needy girls in secondary schools. Fully sponsoring 9 girls in secondary schools from 4 villages of Lamu
- ❖ Established stationary stock to assist needy students in primary schools
- ❖ Developed a preliminary website and produced information materials
- ❖ Participated in facts finding mission with a team from MdM-UK (*Médecins du Monde*) to explore the possibility of providing health services support to the communities in Kiunga, Faza and Kizinaitini Divisions
- ❖ Developed and submitted proposals/concepts to potential donors to seek funding for the following projects:
 - Installation of manual water pumps
 - Provision of emergency transport for patients from the villages to Lamu District Hospital
 - Provision of solar power, water and a fully equipped library for Faza Secondary School
 - Establishment of a vocational training institute

Some of the girls being sponsored through ILHAM



Message from the Chairperson

Many areas of Lamu District are remote, underdeveloped and neglected, but they do not have to remain so. The people in these areas are unique, intelligent and capable. All they need is help and support to enable them to live a better life. ILHAM offers an opportunity for people within Lamu, and those from outside, to help the communities in the areas.
(Tahreni Bwanali, December 2006)

Email: info@ilham-kenya.org
URL: www.ilham-kenya.org

P.O. Box 16, Faza-80501, Lamu, Kenya
Tel: 042-633404